



Spiritual Discipline: Humility (Matthew 5:1-12)

Misconception about Being Spiritual

- How Long Since Being a Christian
- Biblical Knowledge
- Spiritual Gifts
- Frequency of Ministry



Keys to Spirituality

- Intimacy with the Lord
- Fruit of the Spirit
(Galatians 5:22-23)

Humility and Love



Matthew 5:1-12

- 1 Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him,
- 2 and he began to teach them. He said
- 3 "Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- 4 Blessed are those who mourn, for they will be comforted.
- 5 Blessed are the meek, for they will inherit the earth.
- 6 Blessed are those who hunger and thirst for righteousness, for they will be filled.
- 7 Blessed are the merciful, for they will be shown mercy.
- 8 Blessed are the pure in heart, for they will see God.

Matthew 5:1-12

- 9 Blessed are the peacemakers, for they will be called children of God.
- 10 Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.
- 11 "Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me.
- 12 Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.

•The Opposite of Humility: Pride

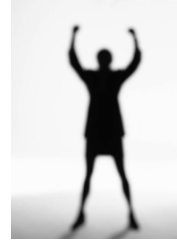
Pride



**Obvious
Not-so-Obvious
Hidden**

Obvious Pride

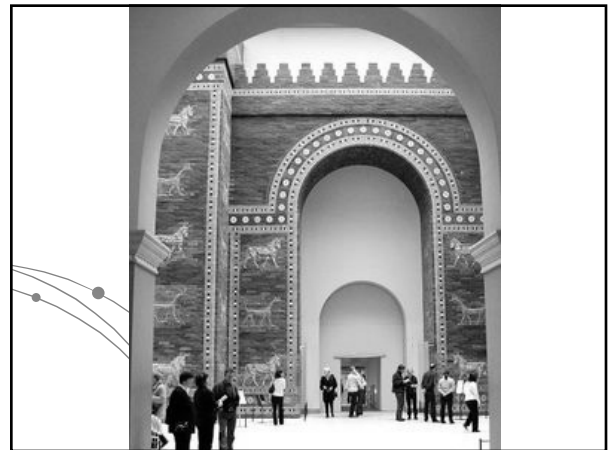
- **Boastful**
- **Thought to be Indispensable**



Daniel 4:28-33

- ²⁸ All this happened to King Nebuchadnezzar. ²⁹ Twelve months later, as the king was walking on the roof of the royal palace of Babylon,
- ³⁰ he said, "Is not this the great Babylon I have built as the royal residence, by my mighty power and for the glory of my majesty?"

Pergamon Museum



Daniel 4:28-33

- ³¹ Even as the words were on his lips, a voice came from heaven, "This is what is decreed for you, King Nebuchadnezzar: Your royal authority has been taken from you."
- ³² You will be driven away from people and will live with the wild animals; you will eat grass like the ox. Seven times will pass by for you until you acknowledge that the Most High is sovereign over all kingdoms on earth and gives them to anyone he wishes."
- ³³ Immediately what had been said about Nebuchadnezzar was fulfilled. He was driven away from people and ate grass like the ox. His body was drenched with the dew of heaven until his hair grew like the feathers of an eagle and his nails like the claws of a bird.

Not-so-Obvious Pride

- **Easy to Anger, Opinionated (I Timothy 3:3; 3:8)**
- **Not Taking Advice (I Samuel 25:2-38)**
- **Critical, Picky**

1 Timothy

- ¹ Here is a trustworthy saying: Whoever aspires to be an overseer desires a noble task. ² Now the overseer is to be above reproach, faithful to his wife, temperate, self-controlled, respectable, hospitable, able to teach,...
- ⁸ In the same way, deacons are to be worthy of respect, sincere, not indulging in much wine, and not pursuing dishonest gain.

I Samuel 25:2-38

- ³ His name was Nabal and his wife's name was Abigail. She was an intelligent and beautiful woman, but her husband was surly and mean in his dealings — he was a Calebite...
- ¹⁰ Nabal answered David's servants, "Who is this David? Who is this son of Jesse? Many servants are breaking away from their masters these days. ¹¹ Why should I take my bread and water, and the meat I have slaughtered for my shearers, and give it to men coming from who knows where?"

I Samuel 25:2-38

- ³⁷ Then in the morning, when Nabal was sober, his wife told him all these things, and his heart failed him and he became like a stone.
- ³⁸ About ten days later, the LORD struck Nabal and he died.

Hidden Pride



- **Superficial Humility**
- **Inferiority, Easy to Get Hurt**

True Humility

- ²⁸ “Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.” (Matthew 11:28-30)

● Essence of Humility

True Humility = Emptying Oneself



- ²⁰ I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me. (Galatians 2:20)

Discipline of Humility

- **Bearing Fruit: Giving glory to the Lord**
- **Strong Opinion: Quick to Listen**
- **Easy to Temper: Asking God to Take Control**
- **Being Wronged: Not Caring Too Much**
- **Seeing Oneself: Empty Self**

True Humility = Emptying Oneself

- ⁸ Blessed are the pure in heart, for they will see God. (Matthew 5:8)

